



Lewes & The Havens Community Network: Addressing loneliness and social isolation in our communities

Wednesday 12th September, Newhaven Indoor Bowls Club.

41 Participants attended

Evaluation summary

The majority of participants felt that the group discussions and networking were the most useful parts of the meeting;

‘A chance to hear about other people's services and share knowledge’.

‘Thinking about [the] future of one of my activities in terms of becoming a group with funding (inspired by SCF talk).’ – The meeting included a presentation from Sussex Community Foundation.

There was some perception that the meeting could have been more solution focused – some additional feedback that further focus could be given to services for people who are housebound. We asked about what participants might do in their workplace as a result of attending the meeting and most people stated this would involve contacting people they had met.

Main outcomes

The meeting focused on addressing loneliness and social isolation from the perspectives of; grief, carers, older people, young people (including physical & learning disabilities) and transport. As a result a project meeting was organised at the Hillcrest Centre in October and the notes of that meeting are available [here](#).

Next meeting

Wednesday 12th December, 10am-1pm, Trinity Church in Lewes (to book your place, please click <https://www.3va.org.uk/civicrm/event/info?id=293&reset=1>).